

# Highland High School

320 Pancake Hollow Rd.  
Highland, NY 12528

Highland High School is a public water system because we are responsible for providing the facility with water that meets state and federal standards. We collected drinking water samples for lead at several locations on December 15, 2023. The locations and lead levels are listed on the table below.

We are happy to report that the 90th percentile value for lead at your water system is **1.07 Parts Per Billion (ppb)**, which is below the lead action level of **15 ppb**.

RECORD OF SAMPLE SITES - 12/15/2023				
Supply Name: Highland High School				
PWSID: NY5502485				
Operator's Name: Stephen Landell				
DATE	LEAD (ppb)	Sample Location	Loc.	Type
12/15/2023	<1	G108 Double sink	Sink	Copper
12/15/2023	<1	Prep Table Sink	Sink	Copper
12/15/2023	<1	Cafe water fountain right	Sink	Copper
12/15/2023	<1	G108 double sink right	Sink	Copper
12/15/2023	1.07	Kitchen 3 Bay Sprayer	Fountain	Copper
12/15/2023	2.51	G108 Singe Sink	Fountain	Copper
12/15/2023	<1	Room C-10 sink	Sink	Copper
12/15/2023	1.02	Kitchen Soup Kettle filler	Sink	Copper
12/15/2023	<1	Kitchen 3 Bay Sink	Sink	Copper
12/15/2023	<1	Café Water Fountain Left	Sink	Copper

LEAD 90th PERCENTILE  
RESULTS:

1.07 ppb

MCL=15  
ppb

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## **What Does This Mean?**

Under the authority of the Safe Drinking Water Act, EPA set the action level for lead in drinking water at 15 ppb. This means utilities must ensure that water from the customer's tap does not exceed this level in at least 90 percent of the homes sampled. The action level is *the concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow*. If water from the tap does exceed this limit, then the utility must take certain steps to correct the problem. Because lead may pose serious health risks, the EPA set a Maximum Contaminant Level Goal (MCLG) of zero for lead. The MCLG is *the level of a contaminant in drinking water below which there is no known or expected risk to health*. MCLGs allow for a margin of safety.

## **What Are the Health Effects of Lead?**

*Lead can cause serious health problems if too much enters your body from drinking water or other sources. It can cause damage to the brain and kidneys and can interfere with the production of red blood cells that carry oxygen to all parts of your body. The greatest risk of lead exposure is to infants, young children, and pregnant women. Scientists have linked the effects of lead on the brain with lowered IQ in children. Adults with kidney problems and high blood pressure can be affected by low levels of lead more than healthy adults. Lead is stored in the bones, and it can be released later in life. During pregnancy, the child receives lead from the mother's bones, which may affect brain development.*

## **What Are the Sources of Lead?**

Lead is a common metal found in the environment. Drinking water is one possible source of lead exposure. The primary source of lead exposure for most children is lead-based paint. Other sources of lead exposure include lead-contaminated dust or soil, and some plumbing materials. In addition, lead can be found in several consumer products, including certain types of pottery, pewter, brass fixtures, food, and cosmetics. Other sources include exposure in the workplace (jobs that include house painting,

plumbing, renovation, construction, auto repair, welding, electronics repair, jewelry, or pottery repair) and exposure from certain hobbies (such as stained glass or pottery, fishing, making, or shooting firearms and collecting lead or pewter figurines), as lead can be carried on clothing and shoes. Children's hands or their toys can encounter lead in paint, dust, and soil. Therefore, washing children's hands and their toys will help reduce the potential for lead exposure from these sources.

Plumbing materials, including pipes, new brass faucets, fittings, and valves, including those advertised as "lead-free," may contribute lead to drinking water. The law currently allows pipes, fittings, and fixtures with up to 0.25 percent weighted average of lead to be identified as "lead-free."

Your water system does not have any lead in its source water or water mains in the street. When water is in contact with pipes [or service lines] or plumbing that contains lead for several hours, the lead may enter drinking water. Structures built before 1986 are more likely to have plumbing containing lead. New homes may also have lead; even "lead-free" plumbing may contain some lead.

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## Steps You Can Take to Reduce Your Exposure to Lead in Your Water

1. ***Run your water to flush out lead.*** Running water for 15-30 seconds [or until it becomes cold or reaches a steady temperature before using it for drinking or cooking if it hasn't been used for several hours. This flushes lead-containing water from the pipes.
2. ***Use cold water for cooking and preparing baby formula.*** Do not cook with or drink water from the hot water tap, lead dissolves more easily into hot water. Do not use water from the hot water tap to make baby formula.
3. ***Do not boil water to remove the lead.*** Boiling water will not reduce lead.
4. ***Replace your plumbing fixtures if they are found to contain lead.*** Plumbing materials including brass faucets, fittings, and valves, including those advertised as "lead-free," may contribute lead to drinking water. The law previously allowed end-use brass fixtures, such as faucets, with up to 8 percent lead to be labeled as "lead free." As of January 4, 2014, end-use brass fixtures, such as faucets, fittings, and valves, must meet the new "lead-free" definition of having no more than 0.25 percent lead on a weighted average. Visit the National Sanitation Foundation website at: [http://www.nsf.org/newsroom\\_pdf/Lead\\_free\\_certification\\_marks.pdf](http://www.nsf.org/newsroom_pdf/Lead_free_certification_marks.pdf) to learn more about lead-containing plumbing fixtures and how to identify lead-free certification marks on new fixtures.
5. ***Use bottled water or a water filter.*** If your home is served by a lead service line, and/or if lead containing plumbing materials are found to be in your home, you may want to consider purchasing bottled water or a water filter. Read the package to be sure the filter is approved to reduce lead or contact NSF International at 800-NSF-8010 or [www.nsf.org/Certified/Lead\\_content/](http://www.nsf.org/Certified/Lead_content/) for information on performance standards for water filters. Be sure to maintain and replace a filter device in accordance with the manufacturer's instructions to protect water quality. Any measure you take to reduce your exposure to lead should be continued until the lead source(s) has been minimized or eliminated.

## Should your child be tested for lead?

New York Public Health Law requires primary health care providers to screen each child for blood lead levels at one and two years of age as part of routine childcare. In addition, at each routine well-child visit, or at least annually if a child has not had routine well-child visits, primary health care providers assess each child who is at least six-months of age, but under six years of age, for high lead exposure. Each child found to be at risk for high lead exposure is screened or referred for lead screening.

If your child has not had routine well-child visits (since the age of one year) and you are concerned about lead exposure to your child, contact your local health department or healthcare provider to find out how you can get your child tested for lead.

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## **For More Information**

For more information on lead in drinking water, contact The Ulster County Health Department at (845) 340-3010 or the New York State Department of Health directly by calling the toll-free number (within New York State) 1 800-458-1158, extension 27650, or out of state at (518) 402-7650, or by email at [bpwsp@health.state.ny.us](mailto:bpwsp@health.state.ny.us). For more information on reducing lead exposure around your home/building and the health effects of lead, visit EPA's Web site at [www.epa.gov/lead](http://www.epa.gov/lead), or call the National Lead Information Center at 1-800-424-LEAD.